

# Medical Dermatology

## Dermatology Consultation

from 185

### Treats

Breakouts, acne, eczema, rashes, itchy skin, general skin health, and children's skin.

### Appointment time

30-40 minutes

### Includes

Expert diagnosis, examination, and explanation of your skin concern.

A treatment plan and issue of private prescription if needed.

Knowledge on how to keep your skin healthy at home.

A report to you and your GP (with consent).

If required, blood tests can be completed on the day and will incur an additional charge.

## Skin Health Check (MOT)

195

### Treats

General skin concerns, questions about skin quality, assessment of changes to your skin, and comprehensive skin cancer screening.

### Appointment time

40 minutes

### Includes

Expert diagnosis, examination, and explanation of your skin's overall health.

A full body mole check.

A treatment plan and issue of private prescription (if needed). The plan and knowledge on how to keep your skin healthy and looking great, for life.

# Mole Check

195

## Treats

Annual skin cancer screening and/or checks for new or worrisome moles.

## Appointment time

30 minutes

## Includes

Consultation and examination of your skin.

A treatment plan and photographs of moles that need monitoring.

A report to you and your GP (with consent).

# Minor Surgery

## Treats

Skin Tag Removal -- from 175 (+ 20 per tag)

Cherry Angioma Removal -- from 80 (+10 per angioma)

Mole Excision/Biopsy -- 605 (including tests)

## Appointment time

30-45 minutes

## Includes

Consultation, local anaesthetic to numb the area, surgical removal, closure of the wound by heat or stitches.

Removal of stitches, pathology (for mole removals), and follow-up.

## Downtime

Depends on the location and type of removal. Keep clean and dry for 48 hours post-procedure. No strenuous exercise following stitches (if used).

# Follow-Up Consultation

from 110

**Medical concerns** - £110 (£160 with Dr Roest)

**Post minor surgery** - free of charge

**Post botox/fillers/injectables** - free of charge

## Sciton BBL Laser

free consultation

425 per session

850 for three

### Treats

Pigmentation

Redness - flushing/rosacea/capillaries on your skin

Promotes cell rejuvenation (great for a non-invasive lift and glow) and proven to turn back cell ageing.

### Appointment time

1 hour

### Includes

Consultation, treatment, on hand follow ups.

### Downtime

A little redness post-procedure and pigmentation tends to darken before it falls away (this is normal and a good reaction).

Pre-appointment, avoid retinols for 5 days, and keep out of the sunshine (wear a hat and factor 50) for two weeks after treatment.

# Cosmetic Dermatology

## Botox

from 294

### Treats

Forehead lines, gabella lines (between the eyebrows), crow's feet, drooping smile, gummy smile, turkey neck, jowls, teeth grinding, square jaw, excessive sweating.

### Appointment time

30-40 minutes

### Includes

Free consultation, and examination of your skin.

Treatment.

Free review and top-up in two weeks (if needed).

### Downtime

Up to 24 hours (some redness immediately post-procedure and occasionally bruising).

Results are seen in 7-10 days.

## Fillers

from 410

### Treats

Volume loss through ageing, jowling, lip enhancement, non-surgical nose reshaping, chin shaping, cheek refresh.

### Appointment time

40 minutes

### Includes

Free consultation and examination of your skin.

Treatment.

Free review and top up in two weeks if needed (we prefer less is more approach).

### Downtime

Up to 48 hours (some redness immediately post-procedure and occasionally swelling/bruising).

Results are seen immediately and last 12-18 months.

# Profilo

450

## **Treats**

Dull skin, wrinkles, sagging in the lower part of the face and neck, hydration, plumping of the skin.

## **Appointment time**

1 hour

## **Includes**

Free consultation, and examination of your skin.  
Numbing cream and treatment.

## **Downtime**

Up to 24 hours (some redness immediately post-procedure and occasionally bruising).

Results are seen in 2-4 weeks and best results are seen with 2-3 treatments. Packages available.

# SkinPen Microneedling

255

## **Treats**

Fine lines and wrinkles, scars, acne scars, textural changes, pigmentation.

## **Appointment time**

1 hour

## **Includes**

Consultation and examination of your skin.  
Treatment, including numbing cream.

## **Downtime**

2-5 days - redness post-treatment and possible flaking.

Results are seen in 2-4 weeks as the skin cells rejuvenate.

Best results are from 3 sessions a month apart (packages available).

# Clinical Facials

Good skin days start with great skin health – and this is where facials come in. We recommend a facial once per month for healthy skin maintenance.

## **Treats**

Dull skin, wrinkles, acne, acne scars, hyperpigmentation, melasma, age spots, sun damage

## **Appointment time**

1 hour

## **Includes**

Free consultation, and examination of your skin - including a review of your skincare routine.

Peel, extractions, mask, massage, and LED light.

## **Downtime**

0 days.

## **Targeted Facials -- 132**

### **Anti-acne.**

For skin that is breaking out.

### **Signature.**

Tailored to you and using the best techniques for your skin goals.

### **Fine lines and wrinkles.**

Targeting lines and promoting optimal hydration.

### **Pregnancy Facial.**

Pregnancy and breastfeeding safe facial including a peel.

### **Sensitive/Dry Skin Facial.**

For skin that can be reactive. Includes a calming mix of treatments and a full consultation.