№23 SKIN

MINOR PROCEDURE

WHAT TO EXPECT

CONSULTATION

Your journey starts or will have started with a consultation. This is an opportunity to ask your doctor any questions about the treatment, their qualifications and experience (such as how many times they have done this particular procedure), what happens after the treatment, what the risks are, and what results you can expect. Do ask all your questions when you come in or ahead of time.

PRE-OPERATIVE QUESTIONNAIRE

If you haven't already, please complete the registration form prior to the appointment. This will give the doctor the correct information to ensure you are appropriate for treatment.

WEAR LOOSE FITTING CLOTHES

Your doctor will need access to the area of the skin that will be treated. A cotton gown will be provided if needed.

AT THE TIME OF PROCEDURE

Your doctor will ask you medical information, your personal details, and check you are suitable for the procedure on the day. You'll also be asked to consent to the procedure and small marks may be drawn at the site that is to be treated. A little local anaesthetic is used to make sure you do not feel and discomfort during the treatment.

AFTERCARE

You will be able to carry on with your day after the procedure and aftercare advice will be given to you both verbally and in hard copy. You will need to keep the area clean and dry for 24-48 hours after the procedure.

02039411815
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DOS AND DON'TS

DO HAVE A SHOWER ON THE DAY/THE DAY PRIOR TO YOUR TREATMENT

After the procedure, you will be asked to keep the area clean and dry for 24-48 hours. And please don't soak in the bath for a week.

DON'T PLAN ANY STRENUOUS EXERCISE POST-PROCEDURE

You are able to carry on with your day, but avoid exercises that are strenuous. Do ask your doctor if you're unsure.

DO

Take a vitamin D before and after the procedure as this can help with wound healing. About 2-3,000 iu per day.

DO KEEP IN TOUCH

You doctor is able to help you if you have any queries post-procedure. Follow the aftercare advice and call us on 02039411815 if you need further advice.

Regulated by Care Quality Commission

General Medical Council

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